

[Skip to main content](#)

[English](#) [Français](#)



- [What is Diabetes](#)
 - [Type 1 vs Type 2 Diabetes](#)
 - [Reducing Your Risk](#)
 - [Managing Blood Sugar Levels](#)
 - [Related Diseases](#)
- [Diabetes and Heart Health](#)
 - [Heart Disease](#)
 - [Risk Factors](#)
 - [Risk Assessment Tool](#)
 - [Talk to Your Doctor](#)
- [Living With Diabetes](#)
 - [Diet & Exercise](#)
 - [Heart Healthy Foods](#)
 - [Mental Health](#)
 - [Getting Support](#)
- [Caregivers](#)
- [Cart2Table.com](#)

[English](#) [Français](#)



Diabetes and Your Heart

Approximately 1 in 2 people with type 2 diabetes will die of heart disease, which includes heart attack and heart failure. Learn more about your risk of heart disease – and what you can do about it – using our Risk Assessment Tool.

- [DIABETES AND HEART HEALTH](#)
- Risk Assessment Tool



Risk Assessment Tool

Before you get started, there are a few things that you should know:

1. **While using the tool, you are not speaking with a doctor.** It cannot give you medical advice, nor can it call 911 in an emergency. The tool is here to provide information to you, based on your responses to questions about your health.
2. **Your privacy is important.** No personal details that you share while using the Risk Assessment Tool will be stored after you complete this assessment. **Any information you provide is only for use while you are using the Tool.**

The assessment will take approximately 5 minutes to complete.



Talking to your doctor

Make the most of your next appointment, with a discussion checklist.

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There are many risks and factors that could affect health if you've been diagnosed.

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Back to top

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